

# Having a Voice – Having a Choice

## Do we meet your standards?\*

\*'We' means anyone asking children and young people to participate. 'You' have a right to expect these standards.

"Participation means that it is my right to be involved in making decisions, planning and reviewing any action that might affect me. Having a voice, having a choice"



### INFORMATION



#### This means:

- Information that is easy to understand for everyone
- Adults working with you who know what is going on and are up front and clear.

#### We will:

- Ensure everyone has enough information to get properly involved
- Let you know what difference you being involved will make
- Inform you about who is going to listen and make changes.

### IT'S YOUR CHOICE

#### This means:

- You choose if you want to get involved or not
- You choose to work on things that are important to you
- You choose what you do and how you do it.

#### We will:

- Give you enough information and time to decide if this is something you want to do.



### NO DISCRIMINATION



#### This means:

- Children and young people are all different but you **all** have the same right to have a say about the things that matter to you.
- We want everyone to feel welcome and be able to get involved if they want to be.

#### We will:

- challenge any discrimination
- get in touch with children and young people in lots of different situations
- get you involved in things you want to do.

### RESPECT

#### This means:

- Everyone has a chance to have a say, your opinions are important and we will respect them.

#### We will:

- listen to your ideas, views and experiences
- take you seriously and treat you fairly
- work with you to do something about the things you tell us are important
- work with you to help change things for the better.



### YOU GET SOMETHING OUT OF IT



#### This means:

- We want you to enjoy and benefit from taking part
- We know that you have other things to do in your lives as well!
- Making sure that participating is a positive not a negative experience.

#### We will:

- work in safe, fun, and enjoyable ways
- make the most of what you know
- do positive things that build your confidence
- meet in friendly places that are easy for all young people to use
- value and respect what you have to offer.

### FEEDBACK

#### This means:

- It's really important that you know what difference you have made and how your ideas have been used.

#### We will:

- keep you up to date with what is happening
- give feedback as soon as possible and in ways that are easy to understand for everyone.



### IMPROVING HOW WE WORK



#### This means:

- We want to learn and get better at the way we work with you.

#### We will:

- look at the way we work with you and how to improve it

- ask you what has gone well and what needs to change
- make sure your views make a difference to the way we make plans and decisions.

